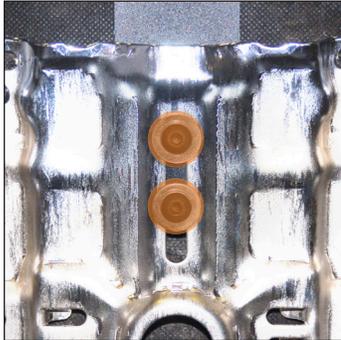


Tools: Phillips screwdriver
5/32" Allen-wrench
3/8" Socket wrench

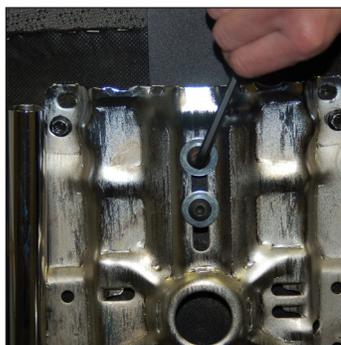
People Required: 1 Person

Time: 5 Minutes

Backrest Replacement



1. To remove the back with back post, access the underside of the chair, locate and remove the 2 (5/32") Allen-head bolts and washers, and then slide the post with backrest out.

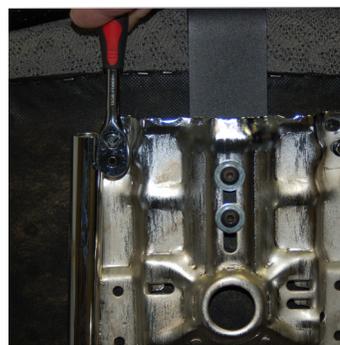


2. Replace backrest and post in reversed order. Always start bolts by hand, being careful not to cross-thread.

Seat Replacement



1. To remove the seat, access the underside of the chair, locate and remove the 4 (3/8") Hex-head bolts that secure the seat to the mechanism.

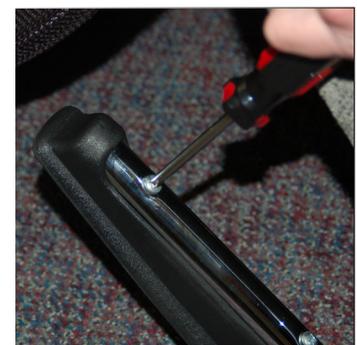


2. Replace seat in reversed order. Always start bolts by hand, being careful not to cross-thread.

Arm Pad Replacement



1. To remove urethane arm pads, access the underside of the arms, locate and remove the 2 Phillips-head screws secure the pads to the frame.



2. Replace pads in reversed order. Always start screws by hand, being careful not to cross-thread.

For recycling information, please visit www.NeutralPosture.com/sustainability